

TRUPS FIVE ARRIVAL (RNAV) Transition Routes

WASHINGTON, DC

NE-3, 19 FEB 2026 to 19 MAR 2026

POTOMAC APP CON
118.675 323.175
DCA D-ATIS
132.65
ADW D-ATIS
133.675 251.05
DAA ATIS ★
128.175

NOTE: Jet aircraft only.
NOTE: Turboprops as assigned by ATC only.
NOTE: PROHIBITED AREA (P-56) 1.5 NM north of KDCA - AVOID - surface to FL180.
NOTE: Landing south at DCA use Runway 19 transition, landing north use Runway 1 transition.
Landing south at ADW use Runway 19R transition, landing north use Runway 1L transition.
Expect runway assignment from TRACON 10 miles prior to TRUPS.

RNAV 1 - DME/DME/IRU or GPS.
RADAR required.

See following page for arrival routes.

TRUPS
11000 250K

OOJRR
13000 250K

SEALZ
14000 280K

RANJR
14000 280K

JARHD
13000 6300

PJAAE
13000 6300

USAAJ
12000 6300

WEEDU
17000 280K

SUPRT
17000 280K

FIMPA
16000 6900

DILNN
16000 6900

DEBZZ
16000 6700

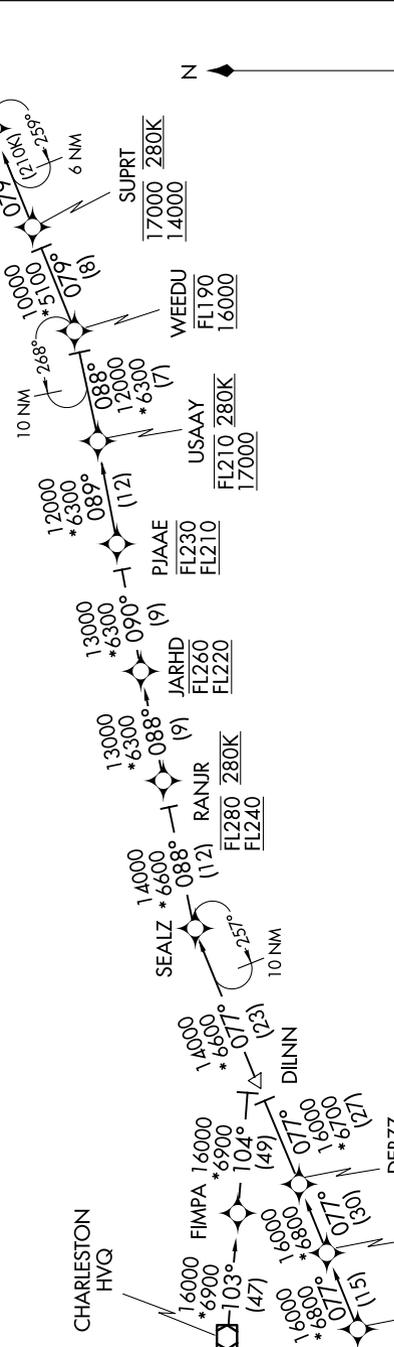
POMYK
16000 6700

SITTR
16000 6700

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(TRUPS.TRUPS5) 16MAY24

WASHINGTON, DC



(CONTINUED ON FOLLOWING PAGE)

CHARLESTON TRANSITION (HVQ.TRUPS5):
SITTR TRANSITION (SITTR.TRUPS5):

NOTE: Chart not to scale.

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